

VINAYAKA MISSIONS RESEARCH FOUNDATION-DEEMED TO BE UNIVERSITY

VINAYAKA MISSIONS ANNAPOORANA COLLEGE OF NURSING



THE NEWSLETTER-2016

DEPARTMENT OF MEDICAL SURGICAL NURSING





THE NEWSLETTER

Department Of Medical Surgical Nursing

VMACON, Salem



Dear Reader,

**From
the**

You are reading the first edition of newsletter, "BEATS" by Department of Medical Surgical Nursing. I am delighted to introduce the first edition of the newsletter. We intend to make it regular publication and to use it to keep you in touch, with news and developments which is related to Department of Medical Surgical Nursing. In this letter, you will find out all about what is happening in the department. It is also a good way to stay in touch with us. If you haven't checked in with us, lately I think you will be surprised and excited about all the wonderful things happening in the Department of Medical Surgical Nursing. Throughout each issue will be descriptions and photographs of events within the Department of Medical Surgical Nursing during the previous year as well announcements of upcoming events for students and faculty. If you have any questions and suggestion or concerns, please address to the editor.

Email - vmacomed surg2014@gmail.com

Mrs. S. Lakshmi Prabha,

H.O.D, Dept. of Medical Surgical Nursing



Opening Message-

Welcome to first issue

Dear Reader,

"Unless we are making progress in our nursing every year, every month, every week take my word for it, we are going back."

-Florence Nightingale.

With immense joy and happiness. I extend my best wishes and

**Creative moments in Diabetic
Expo**

We organized an Exhibition on "World Diabetic Day" (14.11.2016) regarding Prevention and Management of Diabetes in Attayampatti, Salem.

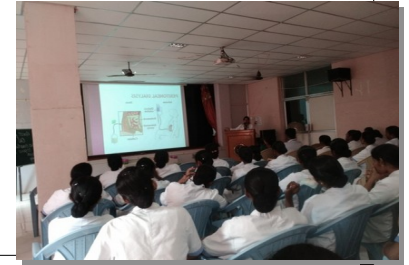


The students of II year B.Sc. Nursing had mounted various models depicting the causes, signs and symptoms, management and prevention of diabetes mellitus. It was explained to the public to improve their knowledge and to create an awareness regarding Diabetes Mellitus. Nearly 150 members have participated and benefitted through this exhibition.



Highlights of ESRD and its management

The guest speaker was Dr. Moogambikai, MD, department of General Medicine, Vinayaka Missions Kirupananda Variyar Medical College and Hospital, Salem. She has delivered the lecture on Overview of ESRD, Pharmacological management, Hemodialysis, Peritoneal dialysis and responsibilities of Nurses. B.Sc Nursing, II year GNM and faculty members attended the session.



Proud about our work on World Heart Day

The medical camp was organized by the Department of Medical Surgical Nursing on 28.09 2016 at Kondalampetty, Salem on the eve of **World Heart Day**. The chief guest was Mr. Meenakshi Sundaram, Member of Kondalampetty, Salem and the guest of honour was principal Prof. Dr. V. Selvanayaki. The students of 3rd year B.Sc nursing and 2nd year B.Sc nursing have participated and they conducted physical examination, vital signs checking, anthropometric measurements, blood and urine investigations, and gave medications for minor disorders. Nearly 150 people participated and benefitted throughout the camp.

Keep up the good work

We organized a Continuing Nursing Education Program on **"Bleeding Disorders"** on 17.10.2016. Dr. P.S. Karthikeyan, MD, Gen. Medicine, Asst. Professor in Vinayaka Mission's Kirupanandavariar Medical College and Hospital, Salem, delivered a lecture. All the faculty members and students attended the program.



Resourceful information about commando surgery

The journal club presentation was done on 12/09/2016 by Mrs. M. Sumathi M.Sc. Nursing, Asst. Professor from Department of Medical Surgical Nursing presented a journal club article on **"Commando Surgery"**, from 3.00pm to 3.30pm in VMACON. All the students of 1st, 2nd year M.Sc. Nursing and Faculty members participated in this program.

We listen, we understand we make it work

The Department of Medical Surgical Nursing organized a Faculty Skill Development Program (FSDP) on 29.08.2016 **"Resuscitation in Emergency"**. Dr. V. P. Chandra Shekar, Chief Operating Officer, Vinayaka Institute of Medical Sciences, delivered a Lecture on **"ECG Abnormalities"**. Followed by working session was dealt by Mr. Saravanan, and Mr. Yuvaraj, Emergency Trauma Care Technicians from Vinayaka Institute of Medical Sciences Hospital, on **"Defibrillation"** & **"Cardio Version"**, our faculty members are actively participated in the session.



Longer your waist line , shorter your life line ...



Getting new facts and informations about nanotherapy on cancer

The Journal club presentation on 24/06/2016 by Mrs. S. Lakshmi Prabha, M.Sc. Nursing, HOD from department of Medical Surgical Nursing including Nursing Foundations presented a journal club article on " **Targeted Cancer Nano Therapy**", from 3.00 to 3.30 pm in VMACON auditorium, All the students of I, II year M.Sc., Nursing and Faculty members participated in this program



Great job in Human relations and communication skill

Mrs.S.Lakshmi Prabha attended a training programme on Human Relations and skill at VMACON,Salem organized by Tamilnadu Nurses and Midwives Council, Chennai from 18.8.16 to 24.8.16. Mrs.B.Sumathy, Asst.Professor was a resource person and given a lecture on that training programme.



Fascinating presentation on ocular emergencies

A guest lecture on 29.03.2016 at 11.00am was organized. The guest speaker Dr. K. Ezhil Venthan, M.S. Ophthalmology, Professor cum HOD, Department of Ophthalmology, VMKV Medical College and Hospital, Salem, Delivered the lecture on the topic "**Ocular Emergencies**". II & III year B.Sc. Nursing, II – year GNM students and faculty members attended the session.



An upworthy presentation on Spinal cord defects and its management

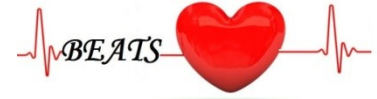


Department of Medical and Surgical including Nursing Foundation, Vinayaka Mission's Annapoorana College of Nursing, Salem, has organized a guest lecture on 1.03.2016 between 11.00^{am} to 1.00^{pm}. The guest speaker Professor Dr K Prakasham, M.S. Ortho Director and HOD, department of Orthopaedics, VMKV Medical College & Hospital, Salem, delivered the Lecture on "**Spinal Cord Defects and Management**". II & III - year B.Sc. Nursing and II - year GNM Students and faculty members attended the session.

CONGRATS

Wow, Our PEGASUS (B.Sc N 2013-2017 BATCH) got 100% in Medical Surgical Nursing II-University Examinations (August-2016).

Seven days of no exercise makes one weak...



Outstanding effort on the World Cancer Prevention Day

The World Cancer Prevention Day was celebrated on 4th February 2016 in Veerapandi Village, Salem (DT). The Chief guest was Mrs. Mayil Veeramani, Village President, Special invitee Mr. Krishnasamy, Vice president, Veerapandi village and the guest of honor was our respected Principal Dr.V.Selvanayaki, Vinayaka Missions Annapoorana College of Nursing, Salem. The faculty along with III yr B.Sc N students given an awareness programme to the publics about cancer, types, warning signs, symptoms, treatment measures and prevention strategies along with video presentation. The people were more benefitted.



That's perfect - Biomedical waste management

We organized a Continuing nursing education program on 30th January 2016 at Vinayaka Mission's Annapoorana College of nursing auditorium. A Continuing Nursing Education on "**Biomedical Waste Management**" was handled by Dr.C.Anuratha, MD, Microbiology, Asst. Professor, VMKVMCH, Salem, and the guest of honor was Dr. V. Selvanayaki, Principal, VMACON, and Salem, who presided over the program.

Mr. Arun, Lecturer, Medical Surgical Nursing department delivered welcome address. The session was started at 11.00^{am} and ended at 12.30^{pm}. Mrs. B. Sumathy, Asso. Professor, Medical Surgical Nursing department, proposed the vote of thanks. This CNE was useful for the students as well as the staff to update the new information.



All you need to know about Mental Health and crisis management

Mrs.S.Lakshmi Prabha, Mrs. M.Sumathi and Mrs.B.Sumathy were attended a Seminar on "mental health and crisis management" organized by Department of Psychiatric Nursing at VMACON, Salem.

Team building activity on Recent technologies in Nursing practice

Mrs.S.Lakshmi Prabha, Mrs M.Sumathi, Mrs.B.Sumathy and Mrs.M.Sathiyakala were attended a national seminar on "Recent technologies in nursing practice" organized by VMACON, Salem.

WE'RE ON THE WEB!

vmaconslm.edu.in

Don't forget to checkout our recently updated website to find information on our undergraduate program, postgraduate program, Faculty, Labs, Continuous nursing education programs and Celebrations.

We want to hear from you!

Students and Alumni: What is going on in your lives now? Have any opinions or suggestions for future issues, please let us know!

Eat wise, drop a size....



Team building activity in Apollo

Mrs.S.LakshmiPrabha, Mrs.B.Sumathy along with Mrs.R.Naganandini,H.O.D of Psychiatric nursing and T.Puvana, Asst.professor attended the 6th International Patient Safety Congress held at Apollo Hospitals, Chennai on

Know the truth –Parotta loaded with danger

On 26.02.2016 Mr. Bijo Thomas, M.Sc (N), Tutor, organized a Journal Club meeting and presented a journal article on “Parotta loaded with Danger” from 3.30^{pm} to 4.30^{pm} at College Auditorium. 1st and 2nd year M.Sc (N) students and faculty members participated in this programme



All you need to know about Job Syndrome

Mrs. M. Sathyakala, M.Sc. (N), Asst. Professor, organized a journal club meeting and presented a journal article on “**Job Syndrome**” on 25.11.2016. All faculty members and students participated in this program.



- Mrs.B.Sumathi, Associate professor.
- Mrs.M.Sathiyakala, Asst.Professor.
- Mrs.S.Elakkiya, Tutor
-
- Mrs.A.Jayanthi, Tutor
-
- Mr.G.Karthick, Tutor.
- Mr.A.Ramalingam, Tutor.
- Mr.M.Samuel, Tutor.
- Ms.J.Thilagavathi, Tutor
- Mr.P.Santhosh, Tutor.

A Startling fact about Takayasu disease

The journal club presentation on 1.04.2016 by Ms. Merfin Ponmalar, B.Sc. Nursing, Clinical instructor from department of Medical Surgical Nursing including nursing foundations presented a journal club article on “**Takayasu disease**” from 3.00pm to 3.30pm in VMACON auditorium. All the students of 1st, 2nd year B.Sc. Nursing and Faculty members participated in this program



Annual Calendar-2017

Date	Event
01.02.17-15.02.17	CNE
04.02.17	Supplementary examinations
22.03.17	World Cancer Day-Awareness campaign
04.04.17	GL
16.06.17	JCP
10.07.17	FSDP
01.08.17-31.08.17	JCP
22.08.17	University Examinations
28.09.17	JCP
14.11.17	World Heart Day-Rally
	World Diabetic Day-Exhibition

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