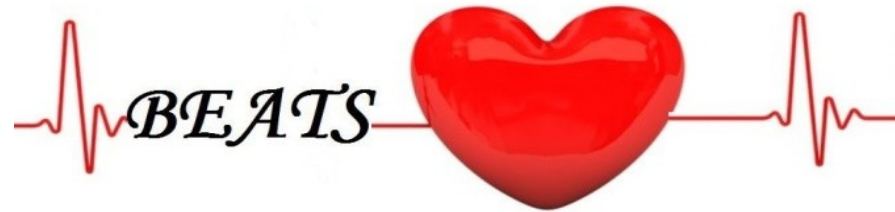
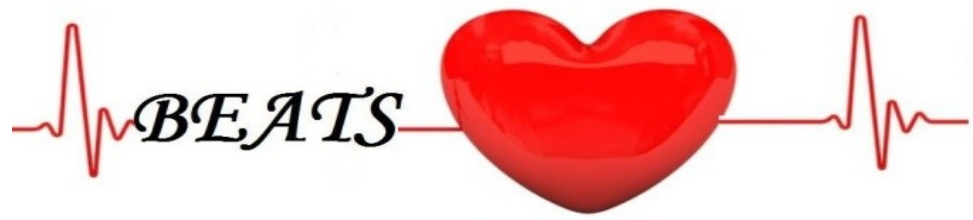


**VINAYAKA MISSIONS RESEARCH FOUNDATION-DEEMED TO BE UNIVERSITY**  
**VINAYAKA MISSIONS ANNAPOORANA COLLEGE OF NURSING**



**THE NEWSLETTER-2018**  
**DEPARTMENT OF MEDICAL SURGICAL NURSING**





**THE NEWSLETTER**

**Department Of Medical Surgical Nursing**

**VMACON, Salem**

### **Highlights of World Diabetic Day**



We organised a Diabetic Awareness Programme, in lieu of World Diabetic Day(14.11.18) with the theme based on "The family and Diabetes". The students screened each family for Diabetes. They checked blood glucose level for the family members, given diabetic education and distributed pamphlets too.



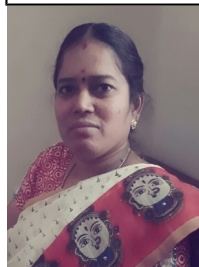
### **Opening Message**

Dear Reader, I express my continuous support for the newsletter and having an ongoing newsletter would enhance communication within and outside the college.

The future of college of nursing is very bright. Having the continuous support of dedicated, competent work of faculty and staff, success is assured. I hereby send good wishes and best of luck to all those faculty and students who are affiliated with the college. I also send my regards to the readers of the issue of "BEATS".

Happy Reading.

By,  
Dr. Mrs. V. Selvanayagi,  
Principal, VMACON, Salem.



Dear Reader,

You are reading the third edition of newsletter, "BEATS" by Department of Medical Surgical Nursing. There is so much more to learn about and be inspired by in this issue that we have a feeling you will be referring it again and again.

We have decided to challenge ourselves in this issue to find the best ways to develop our department much better in this year. I acknowledge constant hardwork of the faculty who proved to be as catalysts in mobilizing the students to do their responsibilities efficiently. If you have any questions and suggestion or concerns, please address to the editor.

**Email-[vmaconmedsurg2014@gmail.com](mailto:vmaconmedsurg2014@gmail.com)**

Mrs. S. Lakshmi Prabha,  
H.O.D, Dept of Medical Surgical Nursing.





**Do you know MIRROR THERAPY**

Mrs. Parasakthi has presented a journal article on 10.7.2018 regarding "MIRROR THERAPY" which is artificial visual feedback of normal movement of paralytic limb.



**Keep up the good work**

Mrs.M.Sathiyakala has presented a journal article regarding "Standard safety measures in needle stick injuries" on 27.08.18, which refreshes the work practice and safety in clinical practice for the faculty and student nurses.

**Fascinating presentation**

Mrs.S.Lakshmi Prabha has presented a journal article regarding "STEM CELL THERAPY IN CANCER" which is introduction of new adult stem cells from the bonemarrow transplanted into the damaged tissue in order to treat cancer



**Proud moment at NATIONAL level-** We organized a National Seminar on 8.06.2018 regarding "Quality Care Approach in Neuronursing". The seminar enriched regarding Assessment and Management of patients with neurological symptoms, Treatment measures of patients with traumatic brain & spine injury, Management of patients with Acute ischemic stroke,

Convulsive disorders, Care of comatose patient, Neurological examination and Emergency neurological life support. The chiefguest was Dr. C.S.Puneeth, Consultant Neurophysician, Neurofoundation, Salem and Dr. Jaykar, Registrar, VMRF- DU was the Guest of Honor for this seminar.





**Getting better all the time**

The CNE programme on "Deafness and It's Management" was done by our department on 31.1.18. Mrs.M.Sathiyakala, Asst.Professor has given Introduction about ENT disorders, Dr.S. Shivakumar, M.B.B.S, M.S, ENT Surgeon, Shanmuga Hospital, Salem described about Deafness and its Management and Mrs. B.Sumathy, Asso.Professor explained about Nursing Management of patients with ENT disorders. All students of III year B.SC (N) and II GNM students attended the session.



**Outstanding effort on the World Cancer Prevention Day**

Department of Medical Surgical Nursing organized a Cancer awareness programme based on the theme, "We can; I can" on 04.02.2018 at Urban health centre, Maniyanoor, Salem. Education was given about Causes of cancer, Types, Warning signs and Prevention through Video and Poster presentations for the public. Mime was performed by our students regarding prevention of cancer and pamphlets were distributed.



**Very Resourceful!**

A Guest lecture class on "PERIOPERATIVE CARE" by Dr.M.Senthil, D.A DNB, Asst.Professor, Indira Gandhi Medical College and Research Institute Pudhucherry. on 16.03.2018



**Good for you!**

Mrs.S.Lakshmi Prabha has published an article, "Planned Nursing Care Among Patients with Cerebro Vascular Accident (CVA) in Journal of Medical Surgical Nursing on April 2018

Ms C.Pavithra has published an article Effect of Tepid Vs Warm Sponging on body temperature and comfort among children with Pyrexia at Sri Ramakrishna hospital, Coimbatore in International Journal of Sciences & Applied Research on June 2018



A warm smile is the universal language of kindness.....



### Team building activity in TNNMC



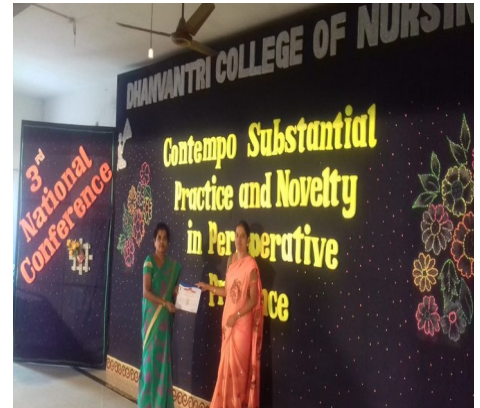
Mrs.S.Lakshmi Prabha, H.O.D along with Dr.S.Malathi, H.O.D, Department of Community health nursing and Mrs.R.Naganandini, H.O.D, Department of Psychiatric Nursing were attended the first national conference, "Nurses: A voice to lead-Health is a human right" of TNNMC, Chennai on 12<sup>th</sup> May, 2018



### International Level in capital city

Mrs.B.Sumathy along with Dr.S.Parimala, H.O.D of Maternity nursing attended the International conference on nurses and midwives for Universal Health Coverage held at Indian nursing council, New Delhi on 29,30 November and 1<sup>st</sup> December 2018.

### That's perfect!



Mrs.S.Lakshmi prabha has participated as a resource person in a conference "Contempo substantial practice and novelty in perioperative prudence" held on 9<sup>th</sup> and 10<sup>th</sup> October 2018 at Dhanvantri college of nursing, Pallakkapalayam, Namakkal Dt.

### CONGRATS

Wow, Our students M.Sc N got 100% in all subjects and B.Sc N got 100% in Nursing Foundations, 97% in Medical Surgical Nursing II and 92% in Medical Surgical Nursing I- University Examinations (August-2018).

### Great Job!

Mrs.S.Lakshmi Prabha, Mrs.M.Sumathi, Mrs.B.Sumathy, Ms.C.Pavithra and Mrs.A.Parasakthi were attended the National conference on "Application & utilization of research in nursing practice" dated 12<sup>th</sup> & 13<sup>th</sup> april 2018 organized by Vinayaka Missions Annapoorana College of Nursing.

Smile, it's free therapy....

### **Good for you!**

Mrs.S.Lakshmi Prabha has published an article, "expectations of the students towards teachers regarding academic achievement in a selected school, Salem " International journal of advanced Research and Development on sep 2018 .

Mrs.B.Sumathy has published an article, "Knowledge on Effects of Cyber bullying among Mobile users" in Journal of Emerging Technologies and Innovative Research on September 2018

Mrs.B.Sumathy has published an article, Knowledge on Home Care Management after Cataract Surgery in International Journal of Research in Engineering Science and management on September 2018

### **Delightful Entertaining FLASH MOB**



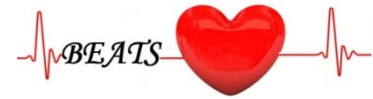
A FLASHMOB on World Heart Day was conducted among people of Attayampatti Town, Salem to create awareness regarding Cardiac Health on 28.09.18. Various songs and attractive street plays about Cardiac diseases, its causes, signs and symptoms, complications and preventive measures were performed by the students.more than 200 people were benefitted by the



### **Team Building Activity**

Faculty Skill Development Programme was organized on 25.05.18. the resource person Dr. Gayathri Lekshmi Madhavan, MBBS, MEM, Department of Emergency Medicine, Sree Mookambiga institute of Medical Science, Kanyakumari presented on "ECG Interpretation and Identifying Abnormalities" was carried out in VIMS hospital emergency department, Salem. all faculty of VMACON participated in this programme.

Share your smile with the world. It's a symbol of friendship and joy....



### Getting better all the time!

Mrs.S.Lakshmi Prabha, H.O.D and Mrs.M.Sathiyakala had shared their knowledge and as speakers in the training session for nurses and other health care professionals on Clean care is a safer care held at VIMS hospital, Salem on 20 June 2018.

### Our faculty

- ★ Mrs.S.Lakshmi Prabha, H.O.D,Asso.Professor.
- ★ Mrs.M.Sumathi, Associate professor.
- ★ Mrs.B.Sumathi, Associate professor.
- ★ Ms.C.Pavithra, Lecturer.
- ★ Mrs.Parasakthi, Tutor.
- ★ Mrs.S.Elakkiya, Tutor.
- ★ Mrs.A.Jayanthi, Tutor.
- ★ Mr.G.Karthick, Tutor.
- ★ Mr.A.Ramalingam, Tutor.

### Annual Calendar-2019

31.01.19	CNE
01.02.19-15.02.19	Supplementary examinations
04.02.19	World Cancer Day-Awareness campaign
22.03.19	GL
04.04.19	JCP
16.06.19	FSDP
10.07.19	JCP
01.08.19-31.08.19	University Examinations
22.08.19	JCP
28.09.19	World Heart Day-Rally
14.11.19	World Diabetic Day-Exhibition

### WE'RE ON THE WEB!

[vmaconslm.edu.in](http://vmaconslm.edu.in)

Don't forget to checkout our recently updated website to find information on our undergraduate program, postgraduate program, Faculty, Labs, Continuous nursing education programs and Celebrations.

### We want to hear from you!

Students and Alumni: What is going on in your lives now? Have any opinions or suggestions for future issues, please let us know!

### CONTACT US

Department of Medical surgical Nursing,  
Vinayaka Missions Annapoorana College  
of Nursing,  
Vinayaka Missions Research Foundation-  
Deemed to be University,  
Chinna Seeragapadi, Salem

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